

MEDICATION-ASSISTED TREATMENT (MAT)



More than 2 million people in the U.S. have an opioid use disorder (OUD) related to prescription opioids. Another quarter of a million people have an OUD related to heroin.

Opioid use disorder, or opioid addiction, is a medical condition that can affect any race, gender, income level, or social class. There are many reasons that someone may be using opioids.

Treatment can help people get their lives back before it is too late. No single treatment method is right for everyone, but research shows that combining behavioral therapy with medications for opioid use disorder is the most effective approach for overcoming opioid addiction.

IS MAT RIGHT FOR ME?

All MAT medications work slightly differently in the brain and body and have different side effects. Check with your doctor which medication is right for you.

SOURCES:

CDC, Florida Agency for Health Care Administration, Behavioral Risk Factor Surveillance System, Florida Department of Highway Safety and Motor Vehicles, Florida Department of Law Enforcement, Florida Early Steps, ToxSentry® Web Query Builder, Florida Birth Defects Registry, Prescription Drug Monitoring Program, Florida Youth Tobacco Survey, Florida Department of Children and Families, Florida Enhances State Opioid Overdose Surveillance Program Dashboard County Report, EMSTARS.

- ✓ MAT uses medications approved by the U.S. Food and Drug Administration (FDA). These medications can help normalize brain chemistry, relieve cravings, and in some cases prevent withdrawal symptoms, thereby supporting a person's recovery.
- ✓ MAT programs provide a safe and controlled level of medication to overcome the use of opioids such as heroin, fentanyl, or oxycodone. MAT treatment has no negative effects on your mental capability, physical health, or getting a job. This means improving the quality of your everyday life.
- ✓ **Medications for opioid use disorder include:**
 - Methadone
 - Buprenorphine
 - Naltrexone



FOR MORE INFORMATION

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