

Mission:
To protect, promote & improve the health
of all people in Florida through integrated
state, county & community efforts.



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Governor

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Vision: To be the Healthiest State in the Nation

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SUMMER IS A GREAT TIME TO GET SWIM LESSONS
REMINDER FROM
FLORIDA DEPARTMENT OF HEALTH, PALM BEACH COUNTY

PALM BEACH COUNTY, FL--The weather is heating up and for many Floridians this means it's time to cool off in the pool. While a day of playing in the pool can be fun, injuries and illnesses due to water-related activities increase during this time of year.

Waterproof Florida encourages layers of protection that include supervision, barriers and emergency preparedness. You can learn about the layers on the [WaterproofFL website](#).

In our community, swim lessons are a great way to begin water safety and are being offered by the following groups:

Palm Beach County Recreation

<http://www.co.palm-beach.fl.us/parks/aquatics/pools/swimlessons.htm>

YMCA

<http://www.ymcapalmbeaches.org/aquatics-youth>

Drowning Prevention Coalition Of PBC

<http://www.pbcgov.com/drowningprevention/aboutus.htm>

Palm Beach County Pool Locations:

<http://www.pbcgov.com/drowningprevention/aquatics.htm>