



The Pulse

Florida Department of Health, Palm Beach County's Newsletter

To be the Healthiest State in the Nation

Volume 14 - Issue 1

Winter 2017

eat right. Academy of Nutrition and Dietetics
www.eatright.org

Healthiest Weight



PUT YOUR BEST FORK FORWARD

National Nutrition Month® 2017



ALSO INSIDE:
Let's Move: Commit to Change
School based Oral Health
Flu & Zika Updates
Smoke-Free Multiunit Housing
Florida Child Care Homes Rules & Regulations Revisions



From the Director

LET'S MOVE COMMIT TO CHANGE PHYSICAL ACTIVITY CHALLENGE SOCIAL CHANGE CAMPAIGN PLAN 2017



It is with great pride that I share with you the outstanding work being done by one of our partners here in Palm Beach County. Palm Healthcare Foundation, Inc. is again partnering with media outlets, CBS12 and ESPN Radio, and local healthcare, business, city, youth and community leaders to mount a county-wide promotional campaign with a focus on physical activity, nutrition and healthy behaviors. The Let's Move: Commit to Change Physical Activity Challenge will be held the entire month of March.

About Let's Move: Commit to Change

As a result of our Coalition against Obesity, co-founded by the DOH-Palm Beach and the Palm Beach County Medical Society, Palm Healthcare Foundation, Inc. and CBS12 first launched Let's Move: Commit to Change in April 2013, piggy-backing on First Lady Michelle Obama's national Let's Move Initiative. The objective for the campaign is to motivate Palm Beach County residents to take charge of their health by committing to healthy behaviors and to recognize the importance of exercise and nutrition in reducing diabetes/obesity—one of the foundation's strategic priority areas. A central part of the campaign is inspiring residents to complete 30 minutes of physical activity every day and to log their minutes through the Let's Move microsite: Let'sMovePBC.org.

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About the 2016 Let's Move Commit to Change Physical Activity Challenge

Thousands of Palm Beach County residents logged over 10,000,000 minutes of physical activity during Palm Healthcare Foundation Inc.'s fourth annual Let's Move Commit to Change Physical Activity Challenge, which ran from March 1 - March 31, 2016. The countywide participation far exceeded the 2015 total of 2.8 million minutes logged. The foundation partnered with CBS12, ESPN Radio and local healthcare, business, city, youth and community leaders to host the initiative, which inspired residents to complete and log thirty minutes of physical activity every day during the month of March. Events were held across Palm Beach County, focusing on physical activity, nutrition and healthy behaviors.

Why:

- 63% of Floridians are overweight or obese
- 6:10 children born today will be obese by the time they graduate high school
- Exercise is crucial to improving overall health and preventing diseases like diabetes

Who: 48 teams competed in the 2016 challenge, which is nearly double the number of teams from 2015, and 4 teams earned their spots as Palm Healthcare Foundation Inc.'s Let's Move Gold Medal Champions. The City of Boynton Beach, Gaines Park Community Center, Coleman Park Community Center, and the YMCA of South Palm Beach County all logged more than 1,000,000 minutes of physical activity.

The 2017 Let's Move: Commit to Change Physical Activity Challenge

The 2017 Let's Move: Commit to Change Challenge will begin on Wednesday, March 1, 2017 and run for the entire month of March, ending on Friday, March 31, 2017. *(Pre-campaign media coverage began in February.)*

We will reach Palm Beach County residents through:

- 1) Daily/Weekly Multi-Media Engagement
- 2) Comprehensive News Coverage and Advertising Promotion
- 3) Community Events

LET'S MOVE Planning Committee Goals

This is the five- year anniversary of the Let's Move Commit to Change Physical Activity Challenge. The campaign has been growing significantly by nearly doubling the team and individual participation each year.

Because of the five-year anniversary and the strong growth each year, we believe that the challenge will shatter all expectations this year.

The foundation is establishing a Let's Move Planning Committee this year to:

- Set goals for minutes of physical activity logged in 2017 challenge
- Increase messaging about the health benefits of getting active
- Grow the number of teams and individual participation
- Expand visibility of the challenge through increased social media messaging and success stories
- Identify corporate partners and sponsors

Please, join me in congratulating the Palm Healthcare Foundation for an outstanding job improving the health of our community. I encourage you to go to their website and find out more about events in your area. Become part of the change and take on the challenge. *Shirley Homan*

Are you ready for the 2017 **LET'S MOVE** COMMIT TO CHANGE Physical Activity Challenge?

The Let's Move: Commit to Change Physical Activity Challenge engages Palm Beach County residents in a friendly competition **through the month of March** with the goal of promoting physical activity, nutrition and healthy behaviors!

Get involved by starting or joining a team!

- ➔ Go to LetsMovePBC.org to register. You can start a team and ask others to join you. Teams must consist of 2 people or more.
- ➔ Commit to exercising as much as possible from **March 1-March 31** and log your minutes online at LetsMovePBC.org.
- ➔ Participating is easy! Any type of sustained physical activity counts -- gardening, dancing, running, etc.
- ➔ Try to be active at least **30 minutes a day!**



Last year, Palm Beach County logged more than **10 million minutes** -- let's double that number!

Have questions? Call Vanessa Moss at 561-837-2283



School Based Preventive Oral Health Pilot Project

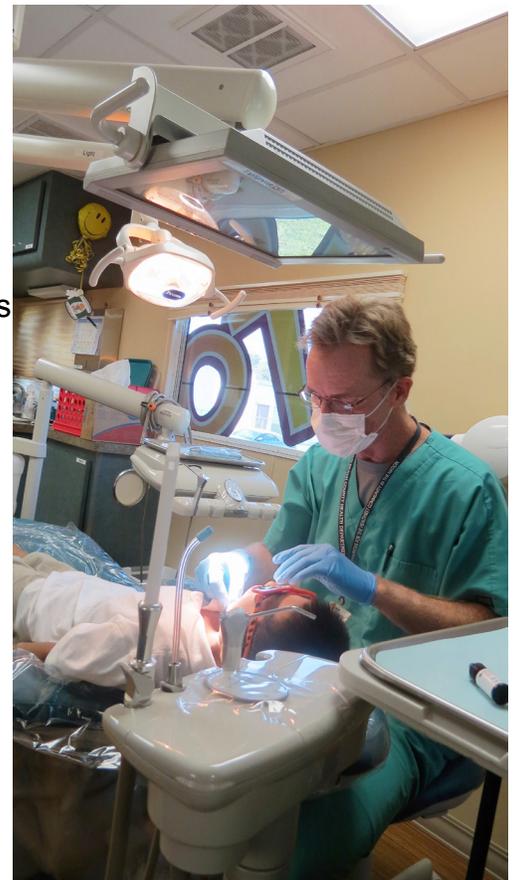


February is National Children's Dental Health Month so it is fitting that on February 1, the new School Based Preventive Oral Health Pilot Project began to operate. The program targets kindergarten through fifth grade with a basic strategy to educate all students about good oral health and prevention of oral disease, as well as providing oral assessments and fluoride varnish to all students that return parental consent forms. Studies have shown that 80% of dental disease occurs in 25% of children, and that the majority of the 25% are children from low-income (high-risk) groups.

Children who attend Title 1 schools are the most likely to be 'high-risk' for dental disease and in

need of dental preventive services. The two pilot schools, Washington and Greenacres Elementary Schools, are both Title 1 schools with students that bear a disproportionate burden of dental decay and often have access to care issues. By making this a school based program, the access to care issue, at least for preventive services, is addressed. The program will also identify children with acute dental disease and refer them to our community partners, Health Care District, FoundCare and Genesis Community Health, for definitive care. The parents of all participating students will receive a report regarding the oral health status of their child and will be encouraged to access our community partners as a dental home for their family.

The concept for the pilot project came from collaborative thinking from members of the Palm Beach County Oral Health Coalition. The Florida Health Palm Beach County Dental Division became the project's home. Months of planning and initial funding from Quantum Foundation and Farris Foundation brought the program to fruition. The program employs a dental hygienist to provide the services and education for the students. The goal is to maintain the program and expand it into more Title 1 schools. It is fitting that this important children's oral health program is getting its start in National Children's Dental Health Month.



INFLUENZA ON RISE—IN KEEPING WITH FLORIDA PREDICTIONS

Unlike the 2015-2016 flu season when the number of flu cases peaked by the end of December 2015, the 2016-2017 season seems to be following a more traditional arrival as 49 counties, including Palm Beach, are reporting increased flu activity the first week of February 2017.

Palm Beach County is now considered to be at moderate flu activity but data collected through the years tells us that this trend will increase to elevated activity by mid-March. The best preventive is a flu shot. Other reminders are:

- Cover your nose and mouth when you cough or sneeze.
- Stay home if you are sick.
- Wash your hands often.
- Avoid contact with others who are sick.

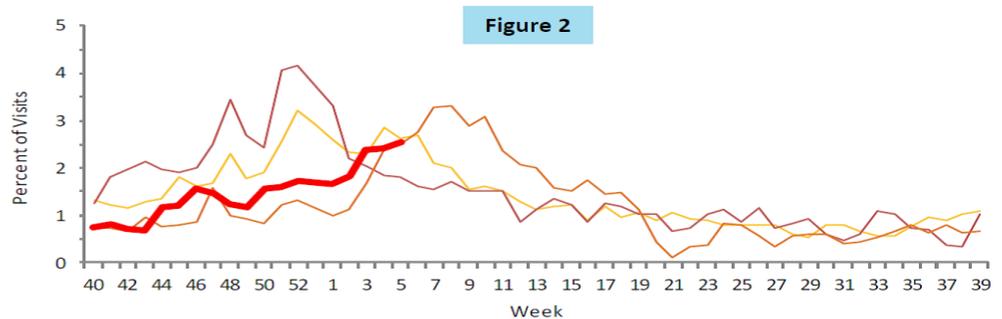


Visits for ILI to Outpatient Providers by Flu Season

ILI = influenza-like illness

Figure 2 shows the percent of visits for ILI reported by ILINet outpatient providers statewide (n=44), week 40, 2013 to week 5, 2017.

In week 5, the percent of visits for ILI reported by ILINet outpatient providers increased and was similar to levels seen in previous seasons at this time.



ZIKA VIRUS--THE VIGILANCE CONTINUES

Last year the Zika Virus arrived in South Florida prompting the CDC and Florida Governor Rick Scott to declare a public health emergency. The good news is all areas of concern in Miami Dade County have been lifted and Palm Beach County has closed all of its active investigations as a result of no local transmissions in over 60 days.

What is Zika Fever?

Zika is a mild febrile illness caused by a mosquito-borne virus similar to those that cause dengue and West Nile Virus. Unfortunately, the Zika Virus has been linked to serious birth defects, including microcephaly, when contracted by expectant mothers during pregnancy. Microcephaly is a birth defect where a baby's head

is smaller than expected when compared to babies of the same sex and age. Babies with microcephaly often have smaller brains that might not have developed properly.

Florida Department of Health in Palm Beach County continues its vigilance to identify and prevent the Zika Virus from gaining a hold in any area of the county. Efforts by Palm Beach County Mosquito Control, County Government, all Municipalities, utilities, and private and public partnerships have worked hard to educate the community on prevention and keep the citizenship well informed on the virus' progression.

In 2016 Palm Beach County saw a total of 62 cases reported by

residents who travelled outside the United States and returned ill from the Zika Virus. Another eight individuals were confirmed as having the Zika Virus, but did not travel outside the U.S. Through investigation and monitoring none of these individuals passed the virus to an Aedes aegypti mosquito that infected another person and all eight cases have been closed.

New travel related cases of Zika have already been identified in 2017 so everyone is reminded to keep up the good work on preventing all mosquito borne diseases by avoiding mosquito bites, surveying around the house and drain any and all standing water from anything that holds water like an old flower pot, boat cover, grill cover, etc.

TAKE CARE OF YOUR HEART

IT WAS MEANT TO LAST A LIFETIME!

February is widely known as “American Heart Month,” and cardiovascular disease is the leading cause of death for men and women in the United States. The most common type of heart disease in the United States is coronary artery disease, which affects the blood flow to the heart and can cause a heart attack. So, be good to yourself by taking care of your heart – after all, it was meant to last a lifetime.

Approximately, 735,000 Americans have a heart attack each year. Of these cases –

- 525,000 are a first heart attack
- 210,000 happen to people who have already had a first heart attack

Every 43 seconds, someone in the United States has a heart attack.

One of five heart attacks is silent—the damage is done, but the person is not aware of it. Coronary artery disease is the main cause of heart attacks. A less common cause is a severe spasm, or sudden contraction, of a coronary artery that can stop blood flow to the heart muscle. If you know the signs and symptoms of a heart attack and recognize that you or someone near you is having a heart attack, seek immediate treatment by calling 9-1-1. The longer you wait, the more damage to the heart muscle can occur.

Heart disease is preventable and controllable. You can start by taking small steps every day to improve the heart health of you and your family.

- **Plan for Prevention:** You can help prevent heart disease by making healthy choices and managing any medical conditions you may have.
- **Eat a healthy Diet:** Choosing healthy meal and snack options can help you avoid heart disease and its complication. Eat plenty of fresh fruits and vegetables – adults should have at least five servings.
- **Maintain a healthy Weight:** If you are overweight or obese it increases your risk for heart disease. If you know your weight and height, you can calculate your body mass index (BMI) at CDC’s “Assessing Your Weight Web site.”
- **Don’t Smoke:** Cigarette smoking greatly increases your risk for heart disease. If you don’t smoke, don’t start. If you do smoke, quit as soon as possible. Your doctor can suggest ways to help you quit. For more information about tobacco use and quitting, see CDC’s Smoking and Tobacco Use Web site and Tobaccofreeflorida.com.
- **Limit Alcohol use:** Avoid drinking too much alcohol which increases your blood pressure. Men should stick to no more than two drinks per day, and women to no more than one.
- **Cholesterol check:** Your health care provider should test your cholesterol levels at least once every five years. Talk with your doctor about this simple blood test.
- **Manage your Diabetes:** If you have diabetes, monitor your blood sugar levels closely, and talk with your doctor about treatment options.
- **Take your Medication:** If you’re taking medication, to treat high blood pressure, high cholesterol or diabetes, follow your doctor’s instructions carefully.
- **Lifestyle Changes:** Eating a healthier diet, increasing physical activity, quitting smoking, and managing stress—in addition to taking prescribed medications—can help improve your heart health and quality of life. Ask your health care team about attending a program called cardiac rehabilitation to help you make these lifestyle changes. Learn more about what you can do to protect your heart’s health.

(https://www.cdc.gov/heartdisease/heart_attack_recovery.htm)

(<https://www.cdc.gov/stroke/index.htm>)

(https://www.cdc.gov/heartdisease/other_conditions.htm)

visit us on the web: www.flhealthpalmbeach.com

Creating Partnerships to Increase Availability of Smoke-Free Multiunit Housing in Palm Beach County

Comprising over 41% of housing structures in Palm Beach County, multiunit housing communities offer a unique opportunity to improve the health of our community. The health, safety and financial benefits to establishing a smoke-free multiunit housing policy are numerous:

- **Health:** Secondhand smoke, classified as a Class A carcinogen with documented adverse health outcomes, can drift between units. The smoke can seep through open windows, door cracks, electrical conduits, air ducts, and plumbing lines. The United States Surgeon General recognizes there is no safe level of secondhand smoke exposure.
- **Safety:** While not the leading cause of residential fires, smoking-related fires are the leading cause of fire related deaths and are eight times more likely to result in death than fires from another origin source.
- **Financial:** Property managers and management companies can improve their bottom line through smoke-free multiunit housing policies. Property managers pay between two and seven times more money to rehabilitate a unit previously occupied by a smoker compared to units occupied by nonsmokers. Real estate agents report condo units owned by smokers have been reported to take longer to sell and when they do sell, it is at a price less than optimum. Some insurance companies even offer a discount on general liability insurance for implementing a smoke-free multiunit housing policy.

Tobacco Free Florida has formed partnerships at both the local and state levels to increase the number of communities going smoke-free. Our largest partnership in this area is a partnership with the Florida Apartment Association to implement the nation's first smoke-free multiunit housing certification program. Communities receive either a blue, silver or gold certification depending on the comprehensiveness of their smoke-free policy. We also have a partnership with ApartmentFinder.com to include smoke-free as an amenity, a feature that will assist renters in their search for a smoke-free community. As of publication date, there have been 95 smoke-free communities identified in Palm Beach County and almost 1100 statewide. Contact us today to learn how to get on this list!

To learn more about the Florida Department of Health's Bureau of Tobacco Free Florida's partnership with the Florida Apartment Association, please visit <http://www.faahq.org/smoke-free-housing.html>.

Smoke-Free Housing

NOT JUST A GROWING TREND ACROSS THE U.S. A SMART BUSINESS DECISION!

More than **80%** of adults in Florida are **non-smokers**

FOUR OUT OF FIVE non-smokers would prefer a **smoke-free building** policy

At the end of a lease, smoke-free units require **LESS TURNOVER TIME** due to fewer preparation and repainting needs.

You can save money with **INSURANCE DISCOUNTS** that many property insurance companies offer to buildings with no-smoking policies.

Smoking-related fires occur in **9,000 RESIDENTIAL BUILDINGS** every year in the U.S.

Smoking-related fires are **8x** more likely to **RESULT IN DEATH** than fires that start from another source.

#1 CAUSE OF FIRE DEATH Smoking-related fires are the leading cause of fire death, accounting for **17% IN RESIDENTIAL BUILDINGS.**

Tobacco smoke contains **7,000 CHEMICALS**, hundreds that are toxic and **69 proven to cause cancer.**

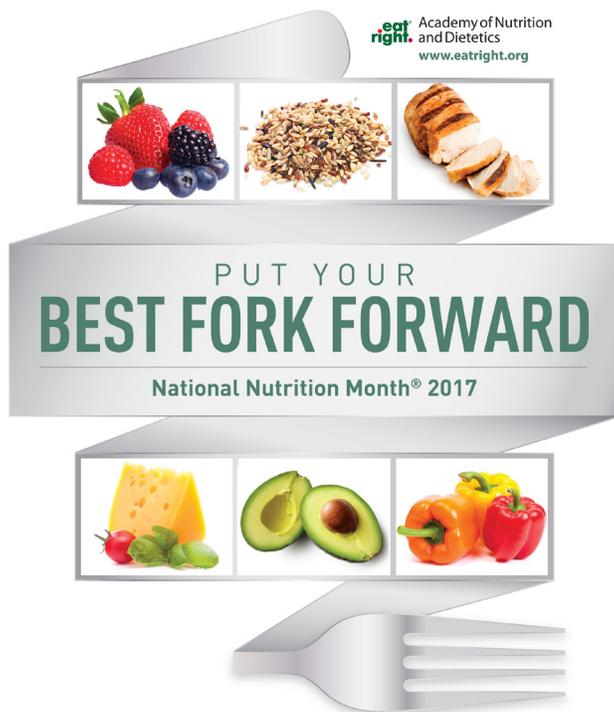
TOBACCO SMOKE CAN MOVE along air ducts and electrical and plumbing lines, through elevator shafts, and cracks in walls and floors.

For more information, please visit **Tobacco Free Florida.com** **1-877-U-CAN-NOW**



Celebrating National Nutrition Month

National Nutrition Month® is celebrated in March in the United States and other countries. In 1980, the week-long observance was expanded into a month long event, thereby, becoming National Nutrition Month®. National Nutrition Month® emphasizes mindful eating and healthy eating habits as well as encourages increased physical activity. This year's theme is Put Your Best Fork Forward. The theme serves as a reminder that everyone can make better food and lifestyle choices...one forkful at a time.



A number of nutrition activities and events will take place throughout the month including healthy food demonstrations at the health centers and grocery store tours to teach shopping strategies for selecting a healthier grocery cart. On March 18, registered dietitian nutritionists from the Florida Department of Health Palm Beach County and the Palm Beach Dietetic Association will celebrate National Nutrition Month® at the Palm Beach Outlets with a morning of nutrition education, healthy yogurt parfaits and dancing and exercising.



So, Put Your Best Fork Forward in March and every month.

Here are some of the key messages of National Nutrition Month® to keep you and your loved ones healthy!

- Create an eating style that includes a variety of your favorite, healthful foods.
- Practice cooking more at home and experiment with healthier ingredients.
- How much we eat is as important as what we eat. Eat and drink the right amount for you, as MyPlate encourages us to do.
- Find activities that you enjoy and be physically active most days of the week.
- Manage your weight or lower your health risks by consulting a registered dietitian nutritionist. RDs can provide sound, easy-to-follow personalized nutrition advice to meet your lifestyle, preferences and health-related needs

www.eatright.org

[visit us on the web: www.flhealthpalmbeach.com](http://www.flhealthpalmbeach.com)

Rules and Regulations Governing Family Child Care Homes Get Revision

Effective this year the Palm Beach County Rules and Regulations Governing Family Child Care Homes and Large Family Child Care Homes have been revised and approved by the Palm Beach County Board of County Commissioners sitting as the Child Care Facilities Board (Board). These regulations provide a comprehensive set of standards and procedures for the licensing and operation of family child care homes, and large family child care homes. The new rules are available at <http://palmbeach.floridahealth.gov/programs-and-services/environmental-health/child-care-licensing/index.html>

In Palm Beach County, the Board is the local licensing authority for all child care arrangements. Palm Beach County is one of five counties in Florida with local control of child care licensing. This authority was first granted by the State Legislature in 1959 through local law Chapter 59-1698, Laws of Florida, which was last amended in 2010, and is now Chapter 2010-249, Laws of Florida. The Board appoints and designates a seven-member Child Care Advisory Council to act on the Board's behalf for approving, denying, or revoking licenses, and for recommending changes to the rules and regulations necessary to protect the health and safety of children in child care settings. The Florida Department of Health in Palm Beach County administers the child care licensing program and provides staff support for the Child Care Advisory Council.

How does the Health Department fit in?

The Division of Environmental Public Health at DOH-Palm Beach County, is responsible for inspecting family child care homes, child care facilities and large family child care homes in to ensure compliance with applicable state and local laws. Licensing activities are designed to protect the health, safety, and welfare of the children of Palm Beach County, and to promote their emotional and intellectual development and care. Specifically, the Division's program of licensing, monitoring, education, and enforcement activities fulfills this function in the following ways:

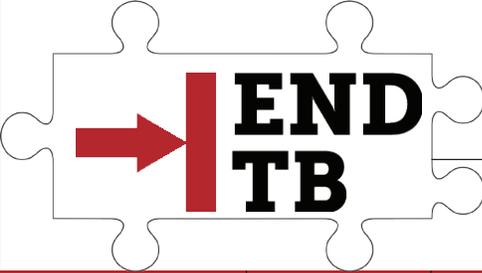
- Reduces risks related to communicable disease transmission and injury due to unsafe physical environment;
- Protects children from various forms of harm in out-of-home settings due to unfit caregivers; and
- Prevents inadequate supervision, child abuse and neglect, and other general inappropriate and harmful treatment of children.

Family child care home—means an occupied residence in which custodial care is rendered to one to six children, inclusive, and for which compensation is received in the form of a payment, fee, grant, goods, or services in kind for any of the children receiving care, whether or not operating for profit, or which is held out to the public to be an establishment which provides child custodial care. A family child care home also includes the parking lot or area, curtilage, yards, landscaped areas, playgrounds, accessory buildings, and all indoor and outdoor areas of the facility premises. The term also refers to the family child care operation associated with the building or shelter subject to the exemptions set forth in Chapter 2010-249, Special Acts, Laws of Florida, as amended. For the purposes of this definition, the children in care shall be from one or more families unrelated to the provider. Where care is provided only to children related to the provider, specifically by blood, marriage, adoption or foster care, then the term family child care home shall not apply. The terms "family care home", "family child care home", or "home", may be used interchangeably with "family day care facilities", as defined by the above referenced Special Act.

Large family child care home--means an occupied residence in which child care is regularly provided for children from at least two unrelated families, which receives a payment, fee, or grant for any of the children receiving care, whether or not operated for profit, and which has at least two full-time child care personnel on the premises during the hours of operation. One of the two full-time child care personnel must be the owner or occupant of the residence. A large family child care home must first have operated as a licensed family child care home for 2 years, with an operator who has had a child development associate credential or its equivalent for 1 year, before seeking licensure as a large family child care home. Household children under 13 years of age, when on the premises of the large family child care home or on a field trip with children enrolled in child care, shall be included in the overall capacity of the licensed home. A large family child care home shall be allowed to provide care for one of the following groups of children, which shall include household children under 13 years of age:

- (a) A maximum of 8 children from birth to 24 months of age.
- (b) A maximum of 12 children, with no more than 4 children under 24 months of age.

Child care facility Any building or shelter in which custodial care is rendered to six (6) or more children, and for which compensation is received in the form of a payment, fee, grant, goods or services in kind for any of the children receiving care, whether or not operating for profit or which is held out to the public to be an establishment which regularly provides child custodial care. The term also refers to the child care operation associated with the building or shelter, and for the purposes of these rules also includes specialized child care facilities for the mildly ill. Establishments which obtain a certificate of compliance, or certificate of substantial compliance, are also considered child care facilities for the purposes of this rule. For the purposes of these rules, the term "facility" also means child care facility.



END TB

Find, Treat, Cure TB Disease

Track Progress

Develop & Implement New Tools

Mobilize Support

Test & Treat Latent TB Infection

Share Our Stories

Fight TB Locally & Globally

MARCH 24 - WORLD TB DAY





Each year, we recognize World TB Day on March 24. This annual event commemorates the date in 1882 when Dr. Robert Koch announced his discovery of Mycobacterium tuberculosis, the bacillus that causes tuberculosis (TB).

Although tuberculosis (TB) is preventable and curable, many people in the United States still suffer from this disease. Anyone can get TB, and our current efforts to find and treat latent TB infection and TB disease are not sufficient. Misdiagnosis of TB still exists and health care professionals often do not “think TB.”

The theme of World TB Day 2017 is “Unite to End TB.”

With the closure of AG Holley state hospital, the country’s last Tuberculosis Hospital, five years ago the Florida Department of Health ushered in the Florida System of Tuberculosis Care.

The cornerstone of the system is a holistic assessment of each person’s needs combined with the use of intensive case management and effective outreach to ensure every patient with active disease remains under medical supervision until completion of curative therapy. The system ensures access to hospitalization when needed; best utilizes new medical technologies and most effectively uses resources. The system ensures contacts to active TB cases are identified, screened and treated as needed. The system ensures resources are targeted to high-risk persons for TB infection and disease. The commitment of the DOH is to treat to cure all forms of tuberculosis.

In Palm Beach County the number of reported and treated Tuberculosis cases continues to go down. Five years ago the Department was educating, monitoring and assuring curative treatment to 70

active TB cases per year. The TB Program also interview and tests all close contacts for latent TB infection and educates the community on TB prevention.



The number of annually reported cases has dropped to 50 a 30% decrease. Through the Florida System of Tuberculosis Care the goal is to eliminate TB in Florida by 2020.



South Florida FAIRSM

JANUARY 13 - 29, 2017

NEW ORLEANS

South Florida Fair brings out the youthfulness in each of us

For the past 28 years, Florida Department of Health in Palm Beach County has participated in the South Florida Fair. The Fair has become the perfect get-away after the busy holidays for both the local residents and visitors – where you will be sure to find something for everyone. Staff from various programs readily greet the fairgoers throughout the duration of this event. Staff answer questions and distribute information about the services we provide.



Services Provided

Florida Health Palm Beach County is a service organization responsible for the health of over a million residents in Palm Beach County.

The many and varied core programs include disease prevention and control, environmental public health, school health and health education. In addition, the department shares responsibility for primary care of the medically indigent population of the county with the Health Care District of Palm Beach County and private sector by providing millions of services annually through six health centers.

Florida Health Palm Beach County has served as the model agency for the State of Florida and many other states throughout the country. For over 60 years it has led the way with innovative programs that include:

- √ Immunizations for children
- √ Parental education in child care from pregnancy to birth and beyond
- √ Monitoring the land, air and water
- √ Monitoring and testing for potential epidemics

The future holds many unknowns, but Florida Health Palm Beach County will be there to serve your needs.

HEALTH ACCESS DIVISION -----(561) 671-4036

**EPIDEMIOLOGY & COMMUNICABLE DISEASE
----- (561) 671-4184**

ENVIRONMENTAL PUBLIC HEALTH ----- (561) 837-5900

COMMUNITY & SCHOOL HEALTH----- (561) 671-4161

MATERNAL CHILD HEALTH -----(561) 671-4140

STD/TB----- (561) 803-7362

IMMUNIZATIONS----- (561) 840-4568

NUTRITION SERVICES ----- (561) 671-4089

PUBLIC HEALTH PREPAREDNESS ---- (561) 671-4014

**PREVENTIVE MEDICINE/PUBLIC HEALTH
RESIDENCY PROGRAM----- (561) 837-5165**

DENTAL PUBLIC HEALTH ----- (561) 837-5560

VITAL STATISTICS ----- (561) 837-5841

WIC----- (561) 357-6007

APPOINTMENT LINE

1-855-GET-APPT (438-2778)

(561) 625-5180

Health Centers



Delray Beach Health Center



225 South Congress Avenue
Delray Beach, FL 33445
(561) 274-3100

C.L. Brumback Health Center



38754 State Road 80
Belle Glade, FL 33430
(561) 983-9220

Jupiter Auxiliary Health Center



6405 Indiantown Road
Jupiter, FL 33458
(561) 746-6751

Lantana/Lake Worth Health Center



1250 Southwinds Drive
Lantana, FL 33462
(561) 547-6800

Northeast Health Center



851 Avenue "P"
Riviera Beach, Florida 33404
(561) 803-7300

West Palm Beach Health Center



1150 45th Street
West Palm Beach, FL 33407
(561) 514-5300

**Florida Health Palm Beach County
Main Phone Number
(561) 840-4500**