

CHIP Clips

Your source of updates, news,
and interesting facts relating to
the Palm Beach County
Community Health
Improvement Plan (CHIP)
April 2019

Palm Beach County Continues Strong Performance in 2019 County Health Rankings



SOCIAL DETERMINANTS OF HEALTH
KNOW WHAT AFFECTS HEALTH

[Graphic from CDC](#)

The *County Health Rankings*, a Robert Wood Johnson Foundation and University of Wisconsin Population Health Institute initiative, are based on a model of population health that emphasizes the many factors that, if improved, can help make communities healthier places to live, learn, work and play. Data used to determine the Rankings include information about physical environments, social and economic factors, health behaviors and clinical care. The Rankings are compiled using county-level measures from a variety of national and state data sources. The 2019 County Health Rankings for Florida demonstrate that Palm Beach County ranks twelfth (of 67) in Health Outcomes (how healthy our county currently is) and fifth in Health Factors (how healthy our county might be in the future based on the many factors that influence health). Palm Beach County continues to be a leader among the 67 Florida counties. “The County Health Rankings help us to understand what factors have influenced good health in our community and how we can continue to make Palm Beach County a healthy place to live, learn, work and play,” says DOH-Palm Beach Director Dr. Alina Alonso. “We’re proud to continue to be in the best ranking category for both health factors and health outcomes.”

For more on the Rankings and to look at specific indicators, please click [here](#)

State of Babies Yearbook Analyzes Status of Infants and Toddlers in FL

In March, a fact sheet was released looking at a variety of indicators related to the health of babies and toddlers in Florida, as well as the social determinants of health affecting these outcomes. Here in Palm Beach, we know the importance of these issues, as our CHIP includes objectives related to infant mortality and breastfeeding. The fact sheet provides a snapshot of how infants, toddlers, and their families are faring with respect to three developmental domains. For each domain, selected child or family indicators and policy indicators are highlighted and compared to national averages. Florida is home to 682,620 infants and toddlers, representing 3.3 percent of the state’s population. As many as 50 percent live in households with incomes less than twice the federal poverty level (in 2017, about \$50,000 a year for a family of four). According to the fact sheet, Florida falls in the Getting Started (G) tier of states when it comes to the overall health of infants and toddlers.

To learn more, please see [here](#) and [here](#)



Top 3 Priority Areas for the Palm Beach County CHIP

- Mental and Behavioral Health
- Active Living and Healthy Lifestyles
- Access to Care and Services

Did you know?

- **19.8% of babies/toddlers in Florida experience low or very low food security, compared to the national average of 16.5%.**
- **Florida ranked well for babies/toddlers receiving preventive medical care, scoring 94.3%. The national average was 90.7%.**

SOURCE: [Florida Trend-State of Babies Yearbook](#)

Did you know?

- The Older Americans Act established the Area Agencies on Aging and the National Aging Network.
- Lead agencies in our regional Area Agency on Aging include Palm Tran, Palm Beach County Division of Senior Services (DOSS), and the Volen Center. DOSS has been providing services to older adults in Palm Beach County since 1977.

SOURCE: [Area Agency Annual Report](#)

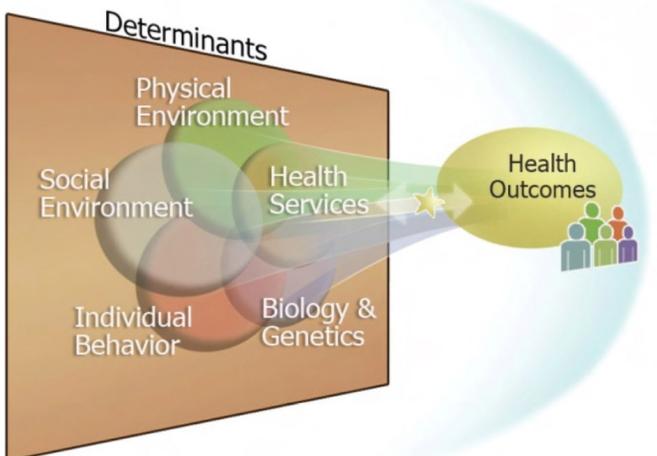
Partner Spotlight: Area Agency on Aging Palm Beach/Treasure Coast Inc.

The mission of Area Agency on Aging Palm Beach/Treasure Coast is to promote, support and advocate for the independence, dignity and wellbeing of seniors, adults with disabilities, and those who care for them in a manner that values diversity, reflects the communities we serve and embraces the collaboration of the aging network. Their Helpline is staffed by a corps of trusted, compassionate, professional specialists, who help seniors, adults with disabilities and their caregivers find answers and make informed decisions. Specialists are able to help in English, Spanish and Creole. Services are available to the entire community seeking answers on aging or looking for service providers in Indian River, Martin, Okeechobee, Palm Beach and St. Lucie Counties. Some of the programs they administer are Adult Day Care, Caregiver Training and Support, Home Delivered Meals, Emergency Alert Response, and much more. To learn [more](#)

Florida Health: Healthy Brain Initiative

The role of public health in enhancing the physical health of older adults is well-known. Public health's role in maintaining cognitive health, a vital part of healthy aging and quality of life, is emerging. The need for a clearly delineated public health role comes at a critical time given the dramatic aging of the U.S. population, scientific advancements in knowledge about risk behaviors (e.g., lack of physical activity, uncontrolled high blood pressure) related to cognitive decline, and the growing awareness of the significant health, social, and economic burdens associated with cognitive decline. The Centers for Disease Control and Prevention have partnered with the Alzheimer's Association to develop information for public health practitioners and the community. Florida Department of Health Biomedical Research received a one-year grant to provide statewide resources.

To learn more, please visit [here](#) and [here](#)



CHIP UPDATE

Issues of CHIP Clips are posted at the [DOH-Palm Beach](#) website.

Your data is vital to CHIP implementation and supports our CHIP objectives. Please send your data and information to Caroline Valencia from Health Council of Southeast Florida.

She can be reached at cvalencia@hcsef.org.

The next CHIP meeting will take place on May 29, 2019 at 10:00 AM at 800 Clematis Street in West Palm Beach. We hope to see you there!

Thanks to the Health Council of Southeast Florida, the Health Care District of Palm Beach County, and all of our community partners in implementing our CHIP!

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you!