

# CHIP Clips

Your source of updates, news, and interesting facts relating to the [Palm Beach County Community Health Improvement Plan \(CHIP\)](#)  
**Issue Nine: July 2016**



## Top 3 Health Priorities for the Palm Beach County CHIP

- Healthiest Weight
- Shortage of Primary and Oral Healthcare Providers for the Uninsured and Underinsured
- Mental and Behavioral Health

## Did you know?

- 1 in 4 low income adults say their mouth and teeth are in poor condition, while only 1 in 25 high income adults say this.
- 46% of low income adults avoid smiling due to the condition of their mouth and teeth.
- Cost was the main reason for not visiting the dentist more frequently among those without a visit in the last 12 months.

SOURCE: [ADA website](#)

## American Dental Association Releases State Fact Sheets on Oral Health and Well-Being

The American Dental Association (ADA) Health Policy Institute (HPI) has prepared at-a-glance reports on an array of oral health indicators for each state and D.C. The Florida fact sheet looks at how adults in Florida view their oral health. It also summarizes select data on self-reported oral health status, attitudes and dental care utilization among Florida adults as of 2015, by income level, based on an innovative household survey, including:

- How oral health affects day-to-day function and well-being
- How the appearance of mouth and teeth impacts one's ability to interview for a job
- Attitudes toward oral health and dental care
- Reasons for not visiting the dentist more frequently

View the [Florida fact sheet here](#)

## Healthy You Tipsheet: PTSD

The American Public Health Association's August 2016 Healthy You Tipsheet tackles the subject of PTSD. It's normal to feel on edge after a traumatic life event. If the stress from that experience makes it harder for you to carry on with your daily life, it may be a sign of a larger health issue: post-traumatic stress disorder. While experiencing a traumatic event is a risk factor for developing PTSD, so is having little to no social support to cope with the trauma, as well as an existing history of drug and alcohol use and mental health issues, such as anxiety. Seven or eight out of every 100 people in the U.S. will experience some aspect of PTSD in their lifetime. Therapy from a mental health professional is recommended for those dealing with PTSD, and your primary care provider can help connect you with one.

For more information, click [here](#)

## American Public Health Association Begins Series of Articles on Social Determinants of Health



While public health has a long history of confronting social conditions such as sanitation, healthy housing and safe workplaces — factors referred to today as social determinants of health — much of the field's work in the past century focused on understanding and preventing diseases, building on enormous advances in science and medicine. Nowadays, the focus is back on social determinants, as research shows huge links with health and health outcomes. For more, click [here](#)

## Did you know?

- Palm Beach County's 65 and over population is 22.1%, compared with 18.2% for Florida.
- 59.9% of PBC PK-12th grade students are eligible for free/reduced lunch.
- Heart disease was the leading 2014 cause of death in PBC, at 3357 deaths.

**SOURCE:** HCSEF 2016 Palm Beach County [Health Profile](#)

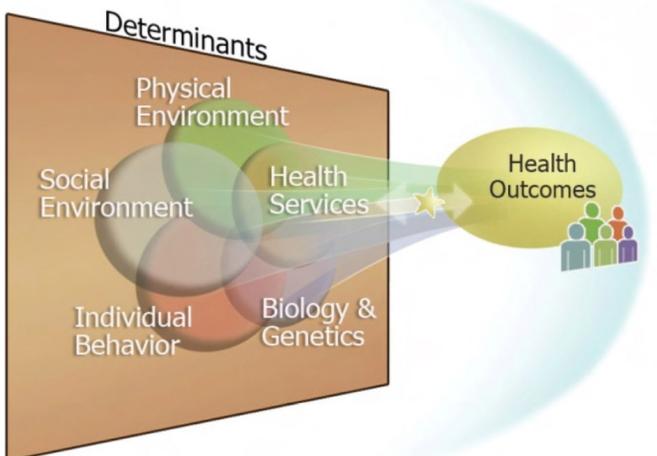
## Partner Spotlight: Health Council of Southeast Florida

The Health Council of Southeast Florida, serving Palm Beach County and the Treasure Coast, is one of eleven private Local Health Planning Councils established by Section 408.033 Florida Statutes (F.S.) to conduct regional health planning and implementation activities. The HCSEF develops regional health plans containing data, analysis and recommendations that relate to health care status and needs in the community. The recommendations are designed to improve access to health care, reduce disparities in health status, assist state and local governments in the development of sound and rational health care policies, and advocate on behalf of the underserved. Current initiatives include Enroll Palm Beach and Treasure Coast, Florida KidCare, Navigate PBC, and Ryan White—Services and Support for HIV/AIDS.

For more information, visit the [HCSEF website](#)

**What is a Local Public Health System Assessment?** The Local Public Health System Assessment (LPHSA) answers the questions, "What are the components, activities, competencies, and capacities of our local public health system?" and "How are the Essential Services being provided to our community?" The LPHSA is a broad assessment, involving all of the organizations and entities that contribute to public health in the community. It is not an assessment of the Health Department or any particular agency, but the entire system.

## SAVE THE DATE: August 26th, 2016: Palm Beach County LPHSA



## CHIP UPDATE

Issues of CHIP Clips are posted at the [DOH-Palm Beach](#) website.

Your data is vital to CHIP implementation. Please send Adam your most current updates. You can reach him at 561-671-4057 or [Adam.Reback@flhealth.gov](mailto:Adam.Reback@flhealth.gov).

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you.

**SAVE THE DATE:  
August 26th, 2016:  
Palm Beach County  
LPHSA. More info  
To come**