

# CHIP Clips

Your source of updates, news,  
and interesting facts relating to  
the Palm Beach County  
Community Health  
Improvement Plan (CHIP)  
**October 2018**



## Top 3 Priority Areas for the Palm Beach County CHIP

- Mental and Behavioral Health
- Active Living and Healthy Lifestyles
- Access to Care and Services

## Did you know?

- The number of Americans misusing opioids dropped for the second year in a row. From January 2017 through August 2018, the amount of opioids prescribed in America has dropped by 21 percent.
- However, the number of prescriptions filled for naloxone --- a drug used to reverse opioid overdoses -- has increased 264 percent.

SOURCE: [Orlando Sentinel](#)

## Florida Trend Health Care Provides a Snapshot of Health in Florida



[Graphic from CDC](#)

Recently, [Florida Trend](#) gave the state of Florida a checkup. Snapshots from around the state include quality of life, how doctors in Florida rank as compared to other states, how Floridians die, and much more. In the Quality of Life checkup, Palm Beach County fared very well, ranking 7th out of 67 counties in Florida. The quality of life checkup incorporates factors including the share of the population reporting poor or fair health, numbers of poor physical or mental health days, low birth weight babies, smoking prevalence, obesity and population per doctor. All three of our CHIP priorities are reflected within the quality of life checkup.

In terms of doctors-to-people, Florida is average, ranking 24th in the nation, according to the Washington-based Association of American Medical Colleges. Home to 53,685 physicians in 2016, the most recent data available, the state had 260 doctors for every 100,000 people.

In their look at how Floridians die, heart disease and cancer have been No. 1 and No. 2 for decades. The death rate from heart disease has halved since 1976. The death rates from cancer and stroke also are down, while the rate from unintentional injury has gone up, along with the rate for diabetes. Flu and pneumonia, a top 10 cause of death 40 years ago, have fallen off the top 10 as the rate fell from 26.3 per 100,000 people to 9.6 since 1976. [More Info](#)

## Florida Gets Federal Money for Opioid Fight

In September it was announced that Florida has been awarded \$61.7 million from the U.S. Department of Health and Human Services to help fight opioid addiction. The federal agency said the majority of the funding, \$50.1 million, will be targeted to medication-assisted treatment and prevention. The remaining \$11.6 million will be used to help community health centers, academic institutions, and rural organizations expand access to substance abuse and mental-health services. We recognize the importance of this issue here in Palm Beach County, and our CHIP Strategy 1.2.2 aims to “Increase awareness and utilization of mental and behavioral health services available in Palm Beach County.” [More Info](#)

## Did you know?

- Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. Evidence demonstrates that it does build mental health literacy, helping the public identify, understand, and respond to signs of mental illness.
- The vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having courses in every community.

**SOURCE:** [Mental Health First Aid Coalition](#)

## Partner Spotlight: Palm Beach County Substance Awareness Coalition

It was recently announced that, with the support of the Palm Beach County Mental Health First Aid Coalition, [Palm Beach County Substance Awareness Coalition](#) was awarded a Mental Health First Aid grant. Together, they will work to train law enforcement, fire rescue, Veterans, parents and those in the Hispanic and Haitian communities.

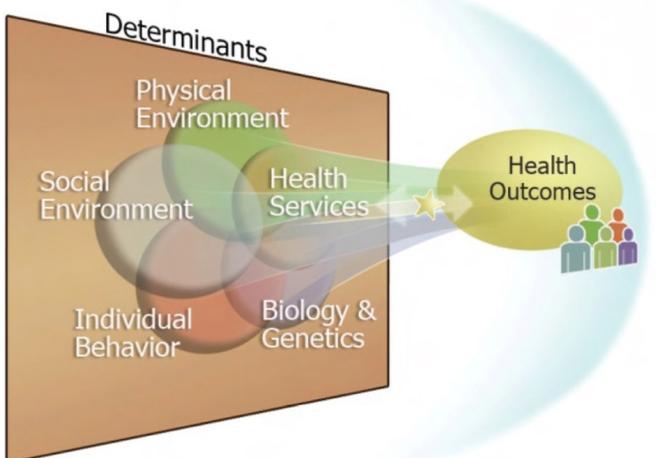
This will directly support CHIP Goal 1: Improve mental and behavioral health through prevention and by ensuring access to appropriate, quality services. It also directly supports CHIP Objective 1.1: Increase the number of Palm Beach County residents who have completed mental health training and understand the impact of mental and behavioral health by increasing the number of mental health trainings by 20% by December 31, 2021.

Congratulations! [Watch the video](#)

## Florida Health Announces Take Control Website to Inform Public on Controlled Substances Bill

The Florida Department of Health announced a new campaign aimed at informing the public about the Controlled Substances Bill (CS/CS/HB 21) that took effect in Florida on July 1, 2018. The “Take Control” campaign includes a website with important information and a FAQ to answer any questions the public or health care providers might have about how the new law affects their prescriptions. “The Controlled Substances Bill was passed to address the opioid crisis by limiting the risk of overprescribing for acute pain, and it will not impact patients who have established a treatment plan with their doctor that successfully manages their chronic debilitating pain,” said State Surgeon General and Secretary Dr. Celeste Philip.

[To learn more](#)



## CHIP UPDATE

Issues of CHIP Clips are posted at the [DOH-Palm Beach](#) website.

Your data is vital to CHIP implementation and supports our CHIP objectives. Please send your data and information to Tiffany Parrish from Health Council of Southeast Florida.

She can be reached at [tparrish@hcsef.org](mailto:tparrish@hcsef.org).

Stay tuned for announcement of next CHIP meeting date. Thanks again for your participation!

Thanks to the Health Council of Southeast Florida, the Health Care District of Palm Beach County, and all of our community partners in implementing our CHIP!

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you!