

# CHIP Clips

Your source of updates, news, and interesting facts relating to the [Palm Beach County Community Health Improvement Plan \(CHIP\)](#)  
**Issue Two: October 2014**



## Top 3 Health Priorities for the Palm Beach County CHIP

- Obesity
- Shortage of Primary and Oral Healthcare Providers for the Uninsured and Underinsured
- Mental and Behavioral Health

### Did you know?

- In 2012, 29.1 million Americans, or 9.3% of the population, had diabetes. In 2010 the figures were 25.8 million and 8.3%.
- Of the 29.1 million, 21 million were diagnosed, and 8.1 million were undiagnosed.
- Diabetes remains the 7th leading cause of death in the US.

SOURCE: American Diabetes Association

## New Program Coordinator Hired for Diabetes Coalition of Palm Beach County

Mario Aguilar was recently hired as Program Coordinator for the Diabetes Coalition of Palm Beach County through funding from Palm Healthcare Foundation.

### A little about Mario:

Mario has over 15 years working in public education and in an administrative capacity. In his early professional career, he taught in public elementary schools in New York City, and later taught English to students in a public elementary school in Palm Beach County.

Mario received his Bachelor's degree in Latin American Studies from New York University. He later received his Master's degree in Bilingual Education from Bank Street Graduate School of Education to formally develop his skills and techniques for any teaching and learning environment.

During the past 10 years, Mario was the Director of Education and Exhibits for a well-recognized historic south Florida children's museum and served as a Program Director for the Guatemalan-Mayan Center, Inc. in Lake Worth.

In addition to his duties with the Diabetes Coalition, Mario is assisting with the CHIP and the Community Call to Action on Obesity. If you haven't already met Mario, you will meet him when he facilitates the next CHIP meeting on November 12.

### Partner Spotlight: Children's Services Council of Palm Beach County

The Children's Services Council of Palm Beach County is an independent special district established by Palm Beach County voters, who dedicated a source of funding so more children are born healthy, remain free from abuse and neglect, are ready for kindergarten, and have access to quality afterschool and summer programming.

Children's Services Council focuses the majority of its funding on prevention and early intervention services for Palm Beach County's children and their families.

**Learn more about the CSC when attending the CHIP meeting on November 12.**

**Thank you CSC for agreeing to host!**



### Diabetes Week Starts November 8

For more information and list of events, contact Mario Aguilar at 561-703-2629 or [programcoordinator@diabetescoalitionpbc.org](mailto:programcoordinator@diabetescoalitionpbc.org).

## Did you know?

- The average American is more than 24 pounds heavier today than in 1960.
- 8.4% of obese children were obese starting in early childhood (2 to 5-year-olds).
- Job absenteeism related to obesity costs \$4.3 billion annually.

SOURCE: Robert Wood Johnson Foundation and Trust for America's Health

## The State of Obesity: 2014

*The State of Obesity*, formerly known as *F as in Fat*, is the 11<sup>th</sup> annual report produced by the Robert Wood Johnson Foundation and Trust for America's Health. The analysis in this report is based on data from the Behavioral Risk Factor Surveillance System. Here are some findings from the State of Obesity report, released September 2014:

- There is increasing evidence that obesity rates are stabilizing for adults and children—but the rates remain high, putting millions of Americans at risk for increased health problems.
- Obesity rates remain higher among blacks and Latinos than among whites. Rates among blacks topped 40 percent in 11 states; rates among Latinos exceeded 35 percent in 5 states; for whites, 10 states had rates over 30 percent.
- Baby Boomers (45 to 64-year-olds) have the highest obesity rates of any age group – topping 35 percent in 17 states.

For more information, or to access the full report, please check out :

<http://www.rwjf.org/en/research-publications/find-rwjf-research/2014/09/the-state-of-obesity.html>

## Be Merge

Integrating Primary and Behavioral Health Care

The Be Merge Primary and Behavioral Health Initiative employs evidence-based practices that represent cutting edge innovation in the field of health care delivery. Through a partnership with USF Health, the Mental Health Association of Palm Beach County provides online, self-paced training for primary care providers . Be Merge is a self-paced online training program for primary care providers to assist with the integration of mental health and substance abuse recognition, diagnosis, management, and referral into the primary care practice.

For more information, check out: <http://www.mhapbc.org/bemerge>

# CHIP UPDATE

**The next CHIP Council Meeting is set for Wednesday, November 12, 2014, from 9:00-11:30 AM at Children's Services Council of Palm Beach County, located at 2300 High Ridge Road, Boynton Beach. Please mark your calendars and be on the lookout for read-ahead materials!**

The meeting will include informative presentations on mental health and a CHIP Annual Review.

CHIP Coordinator Adam Reback has been meeting with CHIP team members to update the CHIP implementation template. He has met with partners from all over the County. Thanks for your participation!

**Your data is vital to CHIP implementation. Please send Adam your most current data.**

For quarterly data, this would be quarter ending September 30. You can call him at 561-671-4057 or [Adam.Reback@flhealth.gov](mailto:Adam.Reback@flhealth.gov).

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you!

