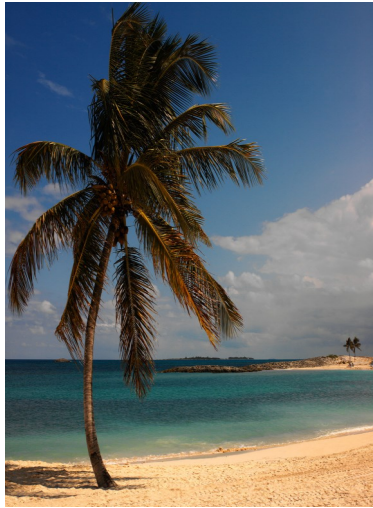


# CHIP Clips

Your source of updates, news,  
and interesting facts relating to  
the Palm Beach County  
Community Health  
Improvement Plan (CHIP)  
February 2022



## Top 3 Priority Areas for the Palm Beach County CHIP

- Mental and Behavioral Health
- Active Living and Healthy Lifestyles
- Access to Care and Services

## Did you know?

- In the county, 74% of residents identified as White, 19% identified as Black, and 22% identified as Hispanic of any race.
- In 2019, 12% of Palm Beach County's population was living below poverty level.
- In 2020, the leading causes of death in the county were heart disease, cancer, COVID-19, stroke, and unintentional injury. SOURCE: CHA

## 211 Awareness Week in Palm Beach County



211 Awareness Day was recently celebrated nationwide, including here in Palm Beach County. There were 211 Awareness proclamations at the Palm Beach County Commission, as well as municipalities including Belle Glade, Boca Raton, Boynton Beach, Delray Beach, Lake Worth Beach, Jupiter, Palm Beach Gardens, Riviera Beach, Wellington, and West Palm Beach. The School

District of Palm Beach County also sponsored the proclamation. 211 staff answered over 100,000 requests for help in 2021. People expressed over 139,000 problems and needs: Mental Health & Substance Use Disorders was the top need and came in at just over 46,000 requests for help and made up 33% of total needs. 211 staff also responded to 3,804 suicide concerns. Housing made the 2nd highest category of need at a little over 26,000 requests for help (almost 19% of needs). Utility assistance was over 8,600 requests, and legal assistance requests were close to 7,600. Health Care requests came in as the 3rd highest needs category reflecting 13% of the volume, at over 18,500 requests for help.

Elders 60 plus made up 28% of the requests for help. People aged 18-59 made up 37% and those under 18 represented 3%. SOURCE: [211](#)

## 2022 Palm Beach County Community Health Assessment (CHA)

The Health Council of SE Florida (HCSEF) recently completed its very comprehensive Palm Beach County CHA. In the words of HCSEF, "Sincerest of gratitude and appreciation to all of the Palm Beach County partnering organizations and residents who participated and contributed to this effort. By sharing their experiences and opinions, these individuals gave a voice to their community and will inspire change for the future of Palm Beach County. Thank you to all who participated and who work to continuously understand and improve the health of Palm Beach County." The CHA includes four sections: Demographic and Socioeconomic Profile, Health Status Profile, Health Resource Availability and Access, and Community Perspective. [To view the CHA](#)

### Did you know?

- Last year, Palm Beach County residents logged over 59 million minutes during the Let's Move campaign!
- The Let's Move initiative was originally introduced on a national level by First Lady Michelle Obama in 2010 with the goal of decreasing childhood obesity throughout the United States.

SOURCE: [Let's Move PBC](#)

## Partner Spotlight- Let's Move: Commit to Change PBC

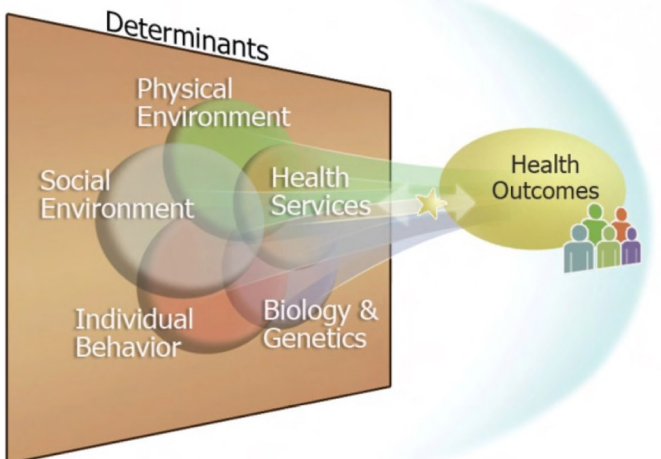
The Let's Move: Commit to Change Physical Activity Challenge is a county-wide initiative that focuses on physical activity and healthy behaviors. Digital Vizez, Inc. and Palm Health Foundation present the annual challenge, which takes place from March 1-31. Palm Health Foundation, in response to increasing obesity statistics, began the county-wide Let's Move: Commit to Change Physical Activity Challenge in 2012. In 2021, the foundation initiated a partnership with Palm Beach County's non-profit Digital Vizez, Inc. to expand the impact and reach of the challenge. Digital Vizez and Palm Health Foundation invite residents to form teams, commit to exercising at least 30 minutes a day throughout the month of March, and log their minutes on the Let's Move website. Palm Beach County logged 100,000 minutes in the first year of the challenge, and the numbers have increased every year since!

[To learn more](#)

### Health Care District of Palm Beach County Provides Access to COVID-19 Antiviral Pills

The Health Care District of Palm Beach County's network of ten C. L. Brumback Primary Care Clinics has a new tool in the fight against COVID-19. Starting Monday, February 14th, clinic providers were able to begin to prescribe two types of COVID-19 oral antiviral pills, Pfizer's Paxlovid and Merck's molnupiravir, at no cost for patients who are at the highest risk of developing severe COVID-19 illness. This includes patients as young as 12 years old with weakened immune systems, such as transplant patients, cancer patients and older adults who have tested positive for COVID-19 and are within the first five days of experiencing symptoms.

[To learn more](#)



## CHIP UPDATE

Issues of CHIP Clips are posted at the [DOH-Palm Beach](#) website.

A new Community Health Improvement Plan process will take place between now and June 2022, with monthly meetings already scheduled. Thanks for your participation in these upcoming meetings; the process only works because of your commitment and

participation.

Stay tuned for more information.

Thanks also to the Health Council of Southeast Florida, the Health Care District of Palm Beach County, and all of our community partners in implementing our current CHIP!

Also, please send Adam your ideas and comments for the newsletter; he's waiting to hear from you!