

OD2A Overdose Data to Action

Working together to prevent overdose and save lives

Overdose Data to Action (OD2A)

OD2A is designed to reduce the overdose epidemic in the U.S. The goal is to increase foundational knowledge of the overdose and substance-use epidemic in Palm Beach County and to connect community members with resources to better inform and positively impact our community.

Substance-Use Disorder Affects Daily Life

Substance Use Disorder (SUD) can impact every aspect of a person's life, from relationships and employment to physical and mental health. People living with SUD may struggle with maintaining routines, accessing health care, and staying connected to support networks. Stigma often prevents individuals from seeking the help they need.



The Florida Department of Health reported a 24% decrease in Palm Beach County overdose deaths from 2020 to 2023.

Stigma Can Impact Prevention and Treatment

It's important to help share the knowledge that SUDs, like opioid use disorder, are treatable. People with SUDs need support like those with any other disease. Stigma, or the fear of stigma can also stop someone from sharing their health condition with partners or family members. It may also prevent them from seeking the health or behavioral health services and support services they need.

Examples of Stigma:

- Assuming a person chooses not to change their behavior
- Considering SUD to be a moral failing instead of a medical issue
- Social rejection
- Making assumptions about people who struggle with SUD

For more information visit:

PalmBeach.FloridaHealth.gov/Overdose

There you can find:

- Newly released Overdose Dashboard showing real-time data on overdose rates in Palm Beach County
- Treatment locator
- Where to get naloxone

Recovery is possible, and every life is worth saving.

**Florida
HEALTH**

Talk to Your Doctor

Healthcare providers can play a vital role in prevention and treatment.

Providers can help with:

- Prescribing medications to manage withdrawal symptoms
- Providing access to naloxone (narcan) to reverse an opioid overdose
- Referrals to treatment programs for long-term support
- Guiding patients through evidence-based care options

OD2A Funded Partners

Health Care District of Palm Beach County 561-642-1000

Provides health care services to the community.

Health Council of Southeast Florida 561-844-4220

Promotes access to quality health and human services.

Palm Beach County Behavioral Health Coalition 561-374-7627

Provides tools to continue building a healthier, drug free community.

T. Leroy Jefferson Medical Society 561-318-0814

Professional organization that provides physician education and improving access to quality care.

Palm Beach County Medical Society 561-433-3940

Provides continuing medical education for physicians and allied health professionals.

Palm Beach County Fire Rescue 561-616-7000

Palm Beach County Fire Rescue is one of the largest fire departments in the state of Florida.

Trinity Counseling Center 561-660-0237

Assists individuals struggling with depression, anger problems, anxiety, phobias, bipolar disorder, substance use, and chronic pain.

Carry Naloxone

Naloxone, also known as Narcan, can quickly restore normal breathing and save the life of someone overdosing on opioids. Friends, family, and other bystanders can save lives with naloxone.



FREE naloxone kits are available through your local health department and at **iSaveFL.com**

Find out more at

**PalmBeach.FloridaHealth.gov/
Overdose**



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Living Skills In Schools 561-501-6322

Assists individuals struggling with depression, anger problems, anxiety, phobias, bipolar disorder, substance use, and chronic pain.

Lake Okeechobee Rural Health Network 561-844-4220

Responding to the needs of rural residents by improving access to quality health care.

Rebel Recovery Florida 561-508-8388

Community organization providing support and education to those seeking or in recovery.